



# 'HOW TO SURVIVE SPIRITUALLY IN OUR TIMES'

AFTERNOON SEMINAR FOR SPIRITUAL SEEKERS

Sponsored by **ECKANKAR** Canada in Ontario



**SATURDAY, SEPTEMBER 23, 2017**

**1:00 TO 5:30 P.M.**

**30 CLEARY AVENUE (FIRST UNITARIAN CONGREGATION), OTTAWA, ON**

**SUGGESTED DONATION: \$30**

**FREE TO THE PUBLIC**

How can we not only survive but THRIVE spiritually in the challenging times and fast-paced world we live in today? Are there spiritual tools that can help us navigate our daily lives with more grace, insight and divine love?

Come enjoy an afternoon featuring spiritual talks, panels, and a special workshop to:

- Become aware of your true divine identity and creative nature;
- Explore how to turn challenges into opportunities;
- Learn the keys to a happier life;
- Discover a beautiful spiritual tool anyone can use to bring greater love into their life!

**FOR MORE INFORMATION: 1-866-426-7685 or [www.eckankar.ca/ottawa](http://www.eckankar.ca/ottawa)**