



DETAILED PROGRAM

Afternoon Seminar for Spiritual Seekers

Sponsored by ECKANKAR Canada in Ontario

September 23, 2017, Ottawa, ON



How to Survive Spiritually in Our Times

1:00 - 1:10 p.m.	Welcome and Introductory Remarks (MCs Anne Simon, Michel Daigle)
1:10 - 1:15	HU Song
1:15 - 1:35	Becoming the Awakening Soul (Jocelyne Durand) When we become aware of our true divine nature as an eternal, creative spiritual being – Soul – our journey to God begins in earnest. This sets the stage for us to learn how to work with Divine Spirit to come into harmony with life around us, no matter what challenges we may face.
1:35 - 1:55	Panel: Opening Your Heart: A Doorway to a New World (Oyaje Omakwu, Mike Barrett, Andréa Pelletier) When divine love fills our hearts, it opens a doorway to a deeper understanding of how every circumstance we encounter helps us rise spiritually, and the realization that we exist because God loves us. Listen as this panel shares experiences of how they opened their hearts and stepped into a new world of spiritual possibilities.
1:55 - 2:05	Creative Arts
2:05 - 2:25	Self-Responsibility as a Key to a Happier Life (Marie Nickle) As we begin to take greater responsibility for our lives, we can step into a new realm of spiritual freedom, develop our creative abilities to solve the problems at hand, and embrace a life of greater joy.
2:25 - 3:25	Workshop: Open a Door – Turn Challenges into Opportunities (Barbara Allport & Guest Speaker, Marlene Chapelle) Seize the moment, seize the day! Learn how to leave behind the fears and illusions that accompany change and enter the doorway of more Light, Sound, and divine love, in this dynamic interactive workshop.
3:25 - 3:55	Break
3:55 - 4:10	Working with Inner Guides to Become a Carrier of God's Love (Bill Nickle) All of life offers us lessons on how to give and receive the divine love that is our spiritual birthright. Learn about the ECK Masters and how they can help anyone become a greater channel for love in every moment.
4:10 - 4:30	Facing Challenges with Gratitude (Barbara Allport) The Spiritual Law of Gratitude is a key that can help us unlock our deepest potential. Listen as this speaker shares how being truly thankful for everything that comes our way can help us transform a challenge into an opportunity, and find the spiritual gift that it offers.
4:30 - 4:40	Creative Arts
4:40 - 4:55	Stories from the Heart on Surviving Spiritually in Our Times (Marion Kelly, John Sambuono, Carole-Ann Collingridge) Enjoy heart-opening stories of how a spiritual perspective can open the door to greater wisdom, understanding and divine love.
4:55 - 5:20	How to Survive Spiritually in Our Times (Guest Speaker, Marlene Chapelle) The spiritual teachings of ECK contain the simple yet profound truth that a solution to every problem exists within us. Listen as our guest speaker shares the insights and tools she has gained in Eckankar to help her not only survive but thrive spiritually in her everyday life.
5:20 - 5:30 p.m.	Closing Remarks (MCs Anne Simon, Michel Daigle)
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